

# Sherwood Ridge Public School

## Anti-bullying Plan 2019

**Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.**

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

### Sherwood Ridge Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

### 1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Terms 1 - 4	Term 1 BYOD - explicit instruction of cyber bullying
Semester 1&2	Cyber safety incursions for students, parent workshop - Police Liaison Officer
Term 1	National Day of Action against Bullying and Violence - classroom activities, community awareness raising
Terms 1 - 4	Spiral of Inquiry focus on Student Wellbeing, My Wellbeing Journal K-6, Child Protection T&L Program

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Discuss and provide all staff with DoE Wellbeing Framework and school's Wellbeing Policy
Term 2	Visit the NSW anti-bullying website to assist with PL activities for all stakeholders
Term 2 & 4	Opt-in staff workshops - 'Teach Meets': Wellbeing Practices and Positive Action for Learning
Term 1	Anti-bullying: Preventing and responding to bullying through mandatory online Child Protection training

## 1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

1. Information is provided to staff when they enter on duty at the school e.g. school's wellbeing policy, all classrooms display the school's Positive Action for Learning Teacher Referral Procedures (student discipline).
2. New and casual staff implement the school and departmental policies relating to bullying behaviour e.g. Bullying of Students – Prevention and Response Policy.
3. An executive staff member speaks to new and casual staff when they enter on duty at the school.
4. The Principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.
5. Provided with support and professional development to discourage, prevent, identify, and respond to student bullying behaviour in a timely manner to incidents of bullying according to the school's Anti-bullying Policy and Plan.
6. Encouraged to report student bullying to any staff member at a school. A teacher or school executive staff (such as the principal, deputy principal or assistant principal) at the school will address the reported bullying in a timely manner.

## 2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

☒ School Anti-bullying Plan    ☒ NSW Anti-bullying website    ☒ Behaviour Code for Students



## 2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
Term 1	National Day of Action against Bullying and Violence - What's Happening @The Ridge Publication
Terms 1-4	School Website - be aware of the school Anti Bullying Plan / support the plan through words and actions.
Terms 1-4	School assemblies K-2 and 3-6; reinforce responsibilities of students.
Term 4	Parent Workshop: Requirements for preventing and responding to bullying, including online bullying

## 3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

1. K-6 My Wellbeing Journal universal program Terms 2 to 3.
2. Implementation of mindfulness practices across K-6 classrooms.
3. SRC - student wellbeing projects across the school, Podcasts focusing on the school's SEL focus for each week.
4. 'Caught you being good' at K-2 assemblies.
5. Sherwood Star Badges - in line with the school's wellbeing policy.
6. Model and promote positive relationships that respect and accept individual differences and diversity within the school community.
7. Explicitly teach the rules and expected behaviours of the school (Safe, Respectful Learner)

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Position: Relieving Deputy Principal, Wellbeing Leader

Signature:



Date: 26.3.19

Principal name: Jody Sullivan (Relieving Principal)

Signature:



Date: 26.3.19